# **NRT** RESOURCE SHEET

# **Resource Sheet for Job Seekers**

Prepared by the National Research and Training Center (NRTC) on Blindness and Low Vision

# General Resources

- <u>CareerConnect</u>: Employment, career exploration, and job search resources from the American Printing House for the Blind (APH)
- National Technical Assistance Center on Blindness and Low Vision: Employment information, resources, and technical assistance
- Perkins School for the Blind: Job search resources, including resume and interview tips
- <u>Transportation Resources</u>: Information from the NRTC about finding, planning, and using transportation for work

# **Career Exploration**

- <u>O\*NET OnLine</u>: Career exploration website with information about different jobs
- Occupational Outlook Handbook: Information about careers, including qualifications, pay, and outlook
- <u>The Career Index Plus</u>: Career information system that provides current job openings, salary information, and more

#### **Job Boards and Services**

- <u>CareerOneStop</u>: Information about local job centers and other services
- <u>State Vocational Rehabilitation (VR) Agencies</u>: Contact information for VR agencies in the United States
- National Industries for the Blind: Employment resources and career opportunities for people who are blind
- <u>Getting Hired</u>: Job board that connects job seekers with inclusive employers
- <u>Ticket to Work Service Providers</u>: Employment support for people who receive Social Security disability benefits
- <u>Aira</u>: Visual interpreting service that provides free assistance for job search tasks
- USA Jobs: Job openings in federal agencies and organizations

# **Disclosure and Accommodations**

- <u>Blindness and Vision Impairments in the Workplace and the ADA</u>: Guidance about disclosure and accommodations
- <u>Advice for Disclosing Vision Impairment</u>: Information from the NRTC about when and how to disclose vision impairment to employers
- Job Accommodation Network: Free technical assistance and information about job accommodations for people with disabilities

#### **Online Courses for Job Seekers**

- <u>Career Advantage</u>: Free self-paced employment preparation program from the NRTC
- <u>Hadley</u>: Free workshops on topics such as self-employment, technology, and blindness skills
- <u>The Job Seeker's Toolkit</u>: Free self-paced course on career exploration and job seeking from APH CareerConnect

#### **Video Interviews**

- <u>Zoom Considerations for Individuals who are Blind or Visually Impaired</u>: Tips for using Zoom for interviews and other meetings from APH CareerConnect
- Video Interview Guide: Tips for successful video job interviews from Indeed
- <u>Preparing for a Video Interview</u>: Short videos about video interviews for transition-age youth from the NRTC

# Additional Resources for Transition-Age Youth

- <u>4to24 App</u>: Free electronic employment preparation resource for youth and their parents from the NRTC
- <u>The 411 on Disability Disclosure</u>: Workbook about disclosure from the National Collaborative on Workforce and Disability for Youth
- <u>Supplemental Security Income (SSI) and Work Fact Sheets</u>: Information from the NRTC about working while receiving SSI benefits
- **Transition Activity Calendar**: Tasks for college preparation from the NRTC
- <u>Soft Skills to Pay the Bills</u>: Video series about workplace readiness skills for youth with disabilities from the U.S. Office of Disability Employment Policy



#### Books

- What Color Is Your Parachute? 2022: Your Guide to a Lifetime of Meaningful Work and Career Success by Richard Bolles. Ten Speed Press. (Usually updated annually.)
- What Color Is Your Parachute? for College: Pave Your Path from Major to Meaningful Work by Katharine Brooks. Ten Speed Press.
- What Color Is Your Parachute? for Teens, Fourth Edition: Discover Yourself, Design Your Future, and Plan for Your Dream Job by Carol Christen. Ten Speed Press.
- Job Search Handbook for People with Disabilities: A Complete Career Planning and Job Search Guide, Third Edition by Daniel Ryan. Jist Works.

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