# **NRTO**RESOURCE SHEET

## **Resource Sheet for Job Seekers**

Prepared by the National Research and Training Center (NRTC) on Blindness and Low Vision

#### General Resources

- CareerConnect: Employment and job search resources
- National Technical Assistance Center on Blindness and Visual Impairment: Employment resources and technical assistance
- Perkins School for the Blind: Job search resources, including resume and interview tips

### **Career Exploration**

- <u>O\*NET Online</u>: Career exploration website with information about different jobs
- Occupational Outlook Handbook: Information about careers, including qualifications, pay, and outlook
- <u>The Career Index Plus</u>: Career information system that provides current job openings, salary information, and more

#### Services

- <u>CareerOneStop</u>: Find job centers in your community
- <u>State Vocational Rehabilitation (VR) Agencies</u>: Contact information for VR agencies in the United States
- National Industries for the Blind (NIB): Career opportunities for people with visual impairments
- Getting Hired: A job board for people with disabilities in the United States
- <u>Ticket to Work Service Providers</u>: Employment support for people who receive Social Security disability benefits
- Aira: Free remote assistance for job search tasks
- <u>USA Jobs</u>: Information about hiring persons with disabilities for federal jobs through the Schedule A Hiring Authority

#### Transportation

• <u>Transportation Guide</u>: Information about finding and using transportation options for work

#### **Disclosure and Accommodations**

- <u>ADA Fact Sheet</u>: Learn about requesting reasonable accommodations, undue hardship, and more
- Job Accommodation Network (JAN): Information and examples of workplace accommodations for persons with disabilities

#### **Online Courses for Job Seekers**

- Career Advantage: Free course from the NRTC on Blindness and Low Vision
- <u>Hadley</u>: Free courses on topics such as self-employment, technology, blindness skills, and more
- <u>The Job Seeker's Toolkit</u>: Free course on career exploration and job seeking skills

#### Additional Resources for Transition-Age Youth

- National Collaborative on Workforce and Disability for Youth (NCWD for Youth): Employment resources for youth with disabilities
- The 411 on Disability Disclosure: A workbook about disclosure from NCWD for Youth
- Supplemental Security Income (SSI) and Work Fact Sheets: Information from the NRTC on Blindness and Low Vision about working while receiving SSI benefits
- <u>Transition Activity Calendar</u>: Tasks for college preparation from the NRTC on Blindness and Low Vision
- <u>Soft Skills to Pay the Bills video series</u>: Short videos about workplace readiness skills for youth with disabilities



#### Books

- What Color Is Your Parachute? 2020: A Practical Manual for Job-Hunters and Career-Changers by Richard Bolles. Random House Digital, Inc. Usually updated annually. Some editions available for free from Bookshare.
- What Color Is Your Parachute? For Teens, Third Edition: Discover Yourself, Design Your Future, and Plan for Your Dream Job by Carol Christen and Richard Bolles. Ten Speed Press. Some editions available for free from Bookshare.
- Job Search Handbook for People with Disabilities (2011) by Daniel Ryan.

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