Sample Topics for Training or Workshops

**(In-Person or Remote)**

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| Subject | Duration |
| Introduction to Blindness & Low Vision | Duration |
| Adjustment and Acceptance of Blindness and Low Vision (could include working with consumers and their family members to facilitate coping and adjustment) | 1-2 hours |
| Accessing Textbooks and Reading Materials | 1-2 hours |
| Assistive Technology for Individuals who are Blind or Visually Impaired | 1-2 hours |
| Basics of Blindness and Low Vision | 1 hour |
| Sensitivity Training | 1 hour |
| Strategies for Functional Vision | 1-2 hours |
| Employment | Duration |
| Barriers to Employment  Career Advancement and Job Retention  Employer Attitudes  Transportation  Understanding Social Security Work Incentives  Employment Mentoring for College Students | 1-4 hours |
| Business Development Training for Counselors and Other Professionals | 16 hours |
| Using the Career Index Plus | 1-2 hours |
| VR Counseling and Guidance | 1 hour |
| *Putting Your Best Foot Forward* (a job search skills training for youth) | 8 hours |
| Putting NRTC Resources into Practice (Orientation Packet, Transportation Guide, You Can Work Brochure, HR Guide & more) | 30 mins each |
| *Introduction to Self-Employment* | 1 hour |
| Transition-age Youth | 1-6 hours |
| 4 to 24 App | 1 hour |
| Older Blind | Duration |
| Community Outreach and Resources | 1-2 hours |
| Understanding Data Collection and the 7-OB report for OIB Programs | 1-2 hours |
| Aging and Vision Loss, Isolation, Falls, Social Determinants, etc. | 1-2 hours |
| Medical Topics | Duration |
| An Overview of Anatomy and Physiology of the Eye | 1-2 hours |
| Eye Conditions | 1-4 hours |
| How to Read an Eye Report | 1 hour |
| Special Populations:   * Deafblind * Diabetes * Mental Health Impairments * Pulmonary Conditions * Mobility impairments * Cognitive impairments * Communication Impairments | 1-12 hours |
| Miscellaneous | Duration |
| Ethics | 1-2 hours |
| Case Studies in VR: What Would You Do? | 1 hour |
| Case Documentation: From Intake to Closure | 1-2 hours |
| Designing SMART Goals for Instruction | 1-2 hours |

**Please contact** [**Cantrice Moffitt**](https://www.blind.msstate.edu/directory/cm3628) **or** [**Kendra Farrow**](https://www.blind.msstate.edu/directory/krf182) **to discuss these or other training or workshop opportunities. For a list of our free online short courses, please visit** [**nrtc.catalog.instructure.com**](https://nrtc.catalog.instructure.com/)**. You may also visit** [**blind.msstate.edu**](http://www.blind.msstate.edu) **for more information.**