4to24 App

The 4to24 app is a resource for building independence over time to prepare individuals with blindness and low vision (B/LV) for successful employment and independent living as an adult.

What is the app for?

➢ If you're a **parent**, the app provides information, activities, and links to resources to inform you about skills and experiences that would be helpful for your child as s/he grows.

➢ **Youth with B/LV** who are ages 16 to 24 can also use the app and will receive information about the same topics, written specifically for a younger audience.

How much is the 4to24 app?

➢ The 4to24 app is FREE for everyone!

What can I expect from the app?

➢ The app sends out new modules of information that are like a short article – typically twice a month

➢ Parents work at their own pace
  o Nothing is "turned in" – no deadlines
  o The app will wait until you've finished a module in one category before sending you the next one

What can I expect from each module?

Each module has:

➢ A recommendation of a topic or activity like:
  o learn about ways to organize money
  o care and use of assistive technology
  o registering for the SATs/ACTs

➢ An overview of the topic (3-4 paragraphs)

➢ More information – if you want to get the details

➢ A list of suggested activities – small steps you can take to learn more or work on that skill

➢ A list of online resources that may be helpful for the topic or activities

What topics are covered?

➢ Travel skills – personal and by vehicle
➢ Academics
➢ Technology
➢ Social skills
➢ Prep for college
➢ College or vocational training
➢ Independent living skills
➢ Early career

I'm a professional, and I'm interested!

➢ It's free and available to anyone, but it is written directly to parents. We plan to have an online option where professionals can sign up to view modules unattached to an account, but that is several months away.

I have a different question. Who should I contact?

➢ For more assistance, email Dr. Karla Antonelli at kantonelli@colled.msstate.edu

Where is it available?

➢ You can use the app from any browser at **4to24.org**
➢ It's available on iPhones and iPads from the App Store
  ○ https://apps.apple.com/us/app/4to24/id1558493878
  ○ We recommend the phone app, and please allow notifications when you sign up – we'll notify you when you're receiving a new module.
➢ Android versions will be coming soon!