Resource Sheet for Job Seekers

**Prepared by the National Research and Training Center (NRTC) on Blindness and Low Vision, 2016 (Last updated: 2019)**

# General Resources

* [**CareerConnect**](http://aphcareerconnect.org/)**:** Employment and job search resources
* [**National Technical Assistance Center on Blindness and Visual Impairment**](http://www.ntac.blind.msstate.edu/)**:** Employment resources and technical assistance
* [**Perkins School for the Blind**](http://www.perkins.org/services/workplace/job-seekers)**:** Job search resources, including resume and interview tips

# Career Exploration

* [**O\*NET Online**](http://www.onetonline.org/)**:** Career exploration website with information about different jobs
* [**Occupational Outlook Handbook**](http://www.bls.gov/ooh/)**:** Information about careers, including qualifications, pay, and outlook
* [**The Career Index Plus**](http://www.thecareerindex.com/dsp_intro.cfm)**:** Career information system that provides current job openings, salary information, and more

# Services

* [**CareerOneStop**](http://www.careeronestop.org/LocalHelp/local-help.aspx)**:** Find job centers in your community
* [**State Vocational Rehabilitation (VR) Agencies**](http://www.askearn.org/state-vocational-rehabilitation-agencies/)**:** Contact information for VR agencies in the United States
* [**National Industries for the Blind (NIB)**](http://www.nib.org/)**:** Career opportunities for people with visual impairments
* [**Getting Hired**](http://www.gettinghired.com/)**:** A job board for people with disabilities in the United States
* [**Ticket to Work Service Providers**](http://choosework.ssa.gov/findhelp/)**:** Employment support for people who receive Social Security disability benefits
* [**Aira**](https://aira.io/employment)**:** Free remote assistance for job search tasks
* [**USA Jobs**](http://www.usajobs.gov/Help/working-in-government/unique-hiring-paths/individuals-with-disabilities/)**:** Information about hiring persons with disabilities for federal jobs through the Schedule A Hiring Authority

# Transportation

* [**Transportation Guide**](http://www.blind.msstate.edu/our-products/transportation-guide)**:** Information about finding and using transportation options for work

# Disclosure and Accommodations

* [**ADA Fact Sheet**](http://www.eeoc.gov/eeoc/publications/qa_vision.cfm)**:** Learn about requesting reasonable accommodations, undue hardship, and more
* [**Job Accommodation Network (JAN)**](http://www.askjan.org/)**:** Information and examples of workplace accommodations for persons with disabilities

# Online Courses for Job Seekers

* [**Career Advantage**](http://www.blind.msstate.edu/our-products/online-employment-preparation)**:** Free course from the NRTC on Blindness and Low Vision
* [**Hadley**](http://www.hadley.edu/)**:** Free courses on topics such as self-employment, technology, blindness skills, and more
* [**The Job Seeker’s Toolkit**](http://aphcareerconnect.org/info/living-with-vision-loss/for-job-seekers/explore-careers/the-job-seekers-toolkit/1235)**:** Free course on career exploration and job seeking skills

# Additional Resources for Transition-Age Youth

* [**National Collaborative on Workforce and Disability for Youth (NCWD for Youth)**](http://www.ncwd-youth.info/)**:** Employment resources for youth with disabilities
* [**The 411 on Disability Disclosure**](http://www.ncwd-youth.info/publications/the-411-on-disability-disclosure-a-workbook-for-youth-with-disabilities/)**:** A workbook about disclosure from NCWD for Youth
* [**Supplemental Security Income (SSI) and Work Fact Sheets**](https://www.blind.msstate.edu/our-products/transitionresources/)**:** Information from the NRTC on Blindness and Low Vision about working while receiving SSI benefits
* [**Transition Activity Calendar**](http://www.ntac.blind.msstate.edu/consumers/tac)**:** Tasks for college preparation from the NRTC on Blindness and Low Vision
* [**Soft Skills to Pay the Bills video series**](http://www.dol.gov/odep/topics/youth/softskills/SoftSkills-videos.htm)**:** Short videos about workplace readiness skills for youth with disabilities

# Books

* *What Color Is Your Parachute? 2020: A Practical Manual for Job-Hunters and Career-Changers* by Richard Bolles. Random House Digital, Inc. Usually updated annually. Some editions available for free from Bookshare.
* *What Color Is Your Parachute? For Teens, Third Edition: Discover Yourself, Design Your Future, and Plan for Your Dream Job* by Carol Christen and Richard Bolles. Ten Speed Press. Some editions available for free from Bookshare.
* *Job Search Handbook for People with Disabilities* (2011) by Daniel Ryan.