Putting Your Best Foot Forward is a five-day intensive job search skills training program for youth with visual impairments, ages 16 to 22 years. The program includes group and individual sessions that use active learning techniques.

Program goals
• Develop job search skills of youth with visual impairments
• Strengthen job search self-efficacy and self-confidence
• Encourage a proactive approach to finding employment
• Facilitate use of strategies to overcome barriers to employment

Main topics
1. Identifying your strengths and skills
2. Finding jobs
3. Thinking like an employer
4. Writing a cover letter and resume
5. Disclosing your visual impairment
6. Presenting yourself effectively in a job interview
7. Starting a new job

For more information
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